



Leighton Buzzard Canoe Club

2021 Marathon Sunday 18 July 2021

Please read the race pack carefully. Due to COVID-19, running the race has been adapted to fit in-line with Government guidelines. Please stay clear of the clubhouse unless you are getting food. Face coverings must be worn inside.

If you display symptoms of COVID-19, we ask that you do not come to the Leighton Buzzard Hasler.

Showers will not be available. Changing rooms will be limited to 6 people at a time. At all times we ask you to follow the current Government guidelines, found at www.gov.uk/coronavirus

VENUE Leighton Buzzard Canoe Club
Cedars School / Tiddenfoot Leisure Centre, Mentmore Road,
Leighton Buzzard, LU7 2AE

PARKING Free parking is available at the rear of Cedars School, adjacent to the astroturf football pitches or in the Tiddenfoot Leisure Centre car park. Marshals will be present. Please note that there will be a cycling course happening at the furthest end of the car park behind the school.

CLASSES Singles: Division 1, 2, 3, 4, 5, 6, 7, 8, 9
Doubles: Division 2, 3, 4, 5, 6, 7, 8, 9
Geoff Sanders Marathon Singles: Div A, B & C
Geoff Sanders Marathon Doubles: (K2 Open & K2 Mini)

COURSES	Divisions 1, 2, 3 Singles; 2, 3 Doubles	12 miles, 6 portages
	Divisions 4, 5, 6 Singles; 4, 5, 6 Doubles	8 miles, 2 portages
	Divisions 7, 8, 9 Singles; 7, 8, 9 Doubles	4½ miles, no portages
	Geoff Sanders Marathon Singles & Doubles	2 miles, no portages

TIMING**PLEASE NOTE THE SPLIT START TIMES.**

Check-in	Start	
09:30– 10:30 (Team Leaders Only)	11:00	Divisions 7, 8, 9 Doubles Divisions 7, 8, 9 Singles Divisions A, B & C
	12:30	Divisions 1, 2, 3 Singles Divisions 2, 3, 4, 5, 6 Doubles Divisions 4, 5, 6 Singles K2 Open (A&B) K2 Mini (B&C)

There will be no briefing. A briefing pack will be emailed to team leaders on Friday 16th July.

NUMBERS

Pre-printed number boards will be supplied at check-in on the day. Team leaders are to collect their race numbers from their designated box.

RULES

Races will be held in accordance with British Canoeing Marathon Committee Rules. Approved buoyancy aids must be worn by all paddlers ranked in Divisions 7, 8, or 9 irrespective of the race in which they are entered and also by all participants in Divisions A, B & C. It is recommended that all under 16 paddlers in divisions 1 to 6 also wear buoyancy aids.

WEBSITE

Updates and information will be published on the LBCC website www.lbcc.org.uk

AWARDS

There will be no formal prize giving due to Covid-19. Team Leaders may collect medals on behalf of their team at the end of the day.

RESULTS

Results will be published on the LBCC website.

FEES

Division 1 to 9 Singles and Doubles: Seniors: **£9.00 per seat**
Juniors: **£7.00 per seat**
Geoff Sanders Marathon: **£3.00 per seat**
Geoff Sanders K2 Race: **£ FREE**

All entries that are put in and later scratched **must** still be paid for.

Competitors in Divisions 7, 8, & 9 who are unable to show current comprehensive BCU membership will be charged an additional **£5.00 per seat** for a Day Ticket. **Day tickets are not available for competitors in Divisions 1 – 6.**

Geoff Sanders K2

The Geoff Sanders K2 Race is an optional extra FREE race for Division A, B & C paddlers. K2 Open (highest combines ranking of A & B). K2 Mini (highest combined ranking of B & C)

CLUB COLOURS

Club colours must be worn in all races. Paddlers that do not visibly wear their club colours will not earn their club Hasler points.

- REFRESHMENTS** Hot food, cakes and drinks will be available all day. Paddlers' food will also be available. **Face coverings must be worn inside the club house.**
- PARTICIPATION** Canoeing and Kayaking are "Assumed risk water contact sports" that may carry attendant risks. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.
- WEIL'S DISEASE** We would like to bring to the attention of all participants of the event the dangers of water-borne diseases particularly Weil's Disease.
- Unlike tap water, the water in canals, rivers and reservoirs is untreated and micro-organisms are naturally present. However, although the risk of contracting illness (including the much publicised but rare condition Weil's Disease) is extremely small, sensible precautions should be taken as follows:
- Avoid full immersion in the water
 - Cover all cuts and abrasions with waterproof dressings before contact with the water
 - Wash all exposed skin after contact with the water and before eating
 - Do not put wet ropes, fishing lines or other objects in your mouth.
- Should any illness occur within 2 weeks of contact, you should seek medical advice and inform your doctor you have been in contact with untreated water.
- BUOYANCY** Competitors must render their boats sufficiently buoyant to remain afloat and to support the crew in rough water in the event of capsize.
- ENTRIES CLOSING** By 9:00 pm Thursday, 15th July at the latest. There will be no late entries.
- Please send all entries to raceorganiser@lbcc.org.uk Due to Covid-19 there will be no late entries. All payments need to be completed by BACs.**
- Leighton Buzzard Canoe Club**
Sort Code: 402812
Account Number: 51048805
- Team Leaders please note** – Bulk entries need to be paid for by a single payment covering all entrants.
- CANCELLATION** In the event of the cancellation of this event, team leaders will be contacted, and an announcement will be made on the Leighton Buzzard Canoe Club website www.lbcc.org.uk
- CONTACT** **Catherine Sanderson**
raceorganiser@lbcc.org.uk