



Leighton Buzzard Canoe Club

Health and Safety Policy

HEALTH AND SAFETY POLICY STATEMENT:

“Leighton Buzzard Canoe Club is strongly committed to encouraging our members to take part, but the health, wellbeing and safety of each individual is always our paramount concern. We recommend the level/nature of training and activities to be dependent on age and ability and expect our members to participate within these boundaries.”

HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.
- Create a safe environment by putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and engage in activities/competition commensurate with the individual's ability depending on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy, and the accompanying risk assessments that cover specific activities.
- Appoint a competent club member to assist with health and safety responsibilities in the role of Club Safety Officer.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and a qualified first aider at all times. First aiders will be responsible for ensuring first aid equipment is in date and available.
- Report any injuries, accidents or near misses occurring during any club activity or whilst on the club premises and keep a record of all such incidents.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

AS A CLUB MEMBER YOU HAVE A DUTY TO:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Cooperate with the club on health and safety issues, respect club rules and policies.
- Correctly use all equipment provided by the club.
- Not interfere with, or misuse, anything provided for your health, safety or welfare. This particularly applies to buoyancy aids. If the buoyancy aid requires modification for your needs it is the wrong one for you.
- Report incidents, accidents and near misses as above so that these can be recorded and action taken to prevent a recurrence. Report damage to club equipment, especially safety related to allow repairs or removal to prevent future incidents and accidents.

CLUB HEALTH AND SAFETY OFFICER:

STEVE OXTOBY

FIRST AID:

Location of first aid facilities: First aid kit box on wall to right on club house entrance as you enter, near weight storage unit.

Location of defibrillator: Rear of club house building, near changing room entrance doors. CODE: C159X or ring 999, instructions will then be given for access and usage.

QUALIFIED FIRST AIDERS:

1. Charlotte Ellis (Lead first aider)
2. Katy Harle

Updated April 2026

LBCC Committee approved: 13th April 2026

Date of next review: April 2027



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